



DAY 1

DOODLE BASICS



Apsi | @TheDoodleGuide
Ten Days of Doodles - Day 1



I'm the person behind @TheDoodleGuide.

I love to doodle, and want to show the world how easy and fun it is.

So, if you find any of my posts helpful, please share it with as many people as you can, to help me achieve my big dream of getting everyone to doodle/draw.

Remember to tag @TheDoodleGuide whenever you share on social media. I do a little happy dance every time I see you doodling using my doodle guides.

This is a special FREE downloadable book made for young (and young at heart) artists in school or at home. By working through this booklet you will learn the basics of doodling, and then work yourself through to build your doodling skills, so that you can doodle for fun (the best reason ever!), for visual note taking or for journaling.

How to use this book:

Print the book out (recommended) or work from a screen.

The course is divided into 10 days. You can work through it all in one go, or spread it over a longer period. Each booklet has a range of tutorials and exercises.

Thank you for using this book.

Please share it with other friends/ educators/ parents/ children, so that it may be enjoyed by as many people as possible.

While this is a free resource, designed to be printed out for personal use, please note that the reproduction of this book for profit or mass distribution is strictly prohibited. The rights remain with the author as detailed at the end of this booklet.

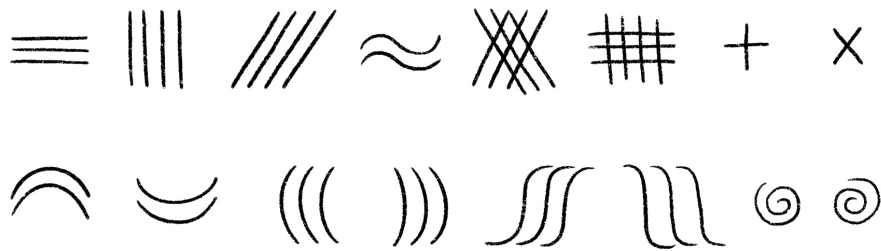
Please respect the spirit in which this free book of doodles has been created. It is there for everyone to enjoy.

xoxo, Apsi

DOODLE BASICS

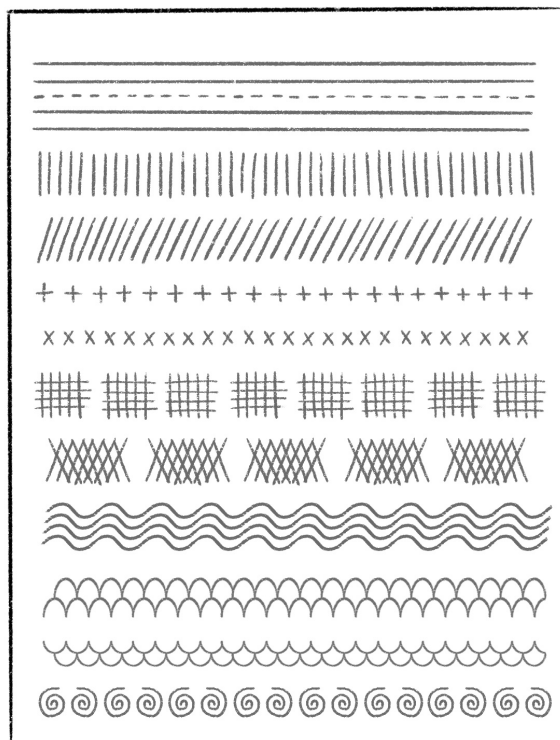
how to improve your muscle memory
for consistent and steady lines in your
everyday doodles.

Basic Strokes



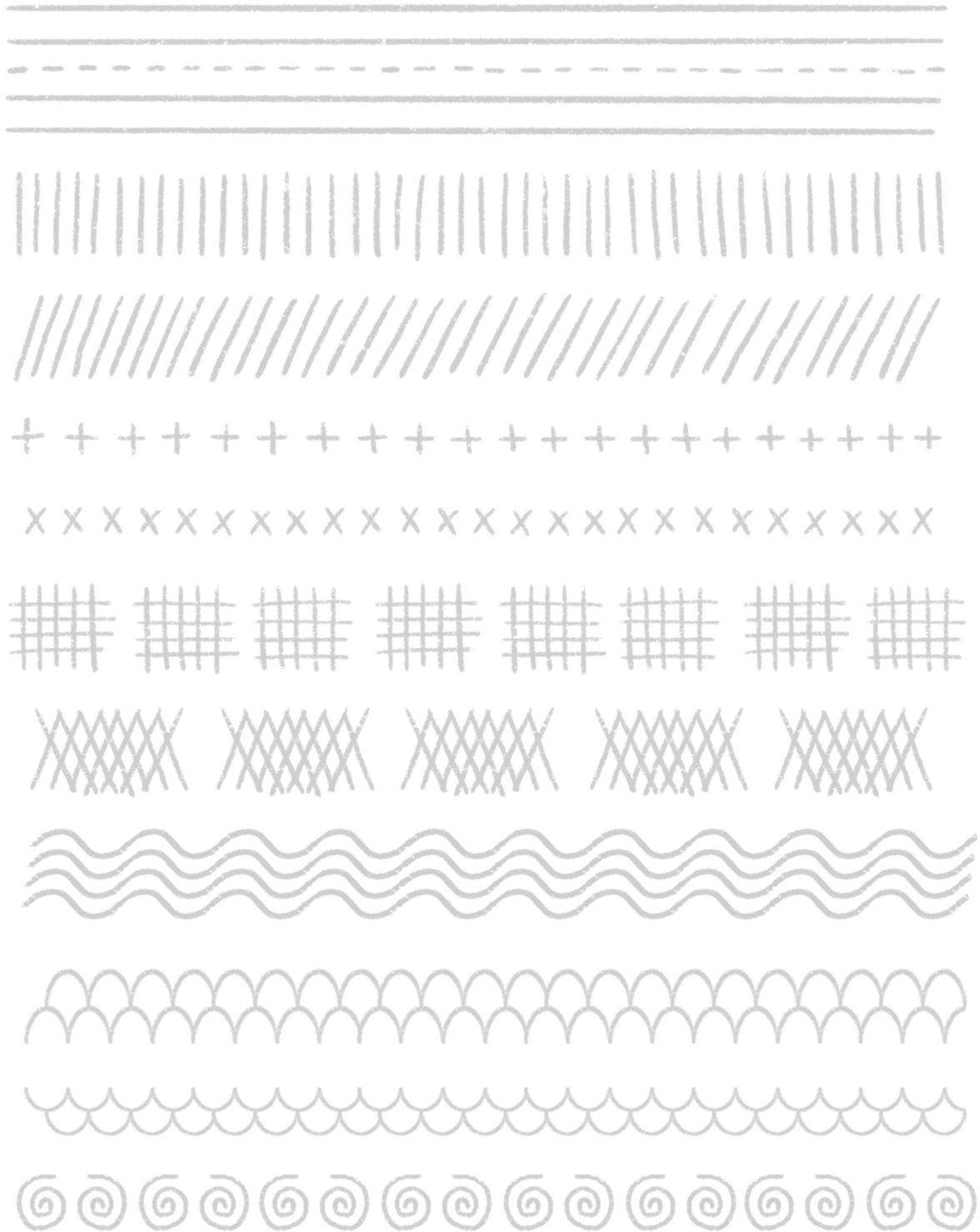
PRACTICE THE BASIC STROKES

fill a page with basic strokes



try to keep the
consistency. Some of
the basic strokes
might be tougher than
others, but keep at it.
It works your muscle
memory so that you
draw steady lines
when you doodle





Try some zen doodles or zentangles to practice your basic strokes. Check @TheDoodleGuide for more ideas.

DOODLE BASICS

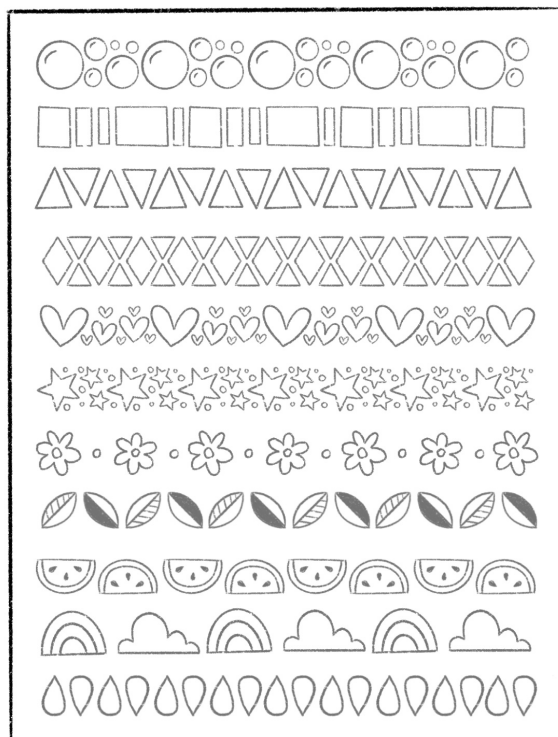
how to improve your muscle memory
for consistent and steady lines in your
everyday doodles.

Basic Shapes



PRACTICE THE BASIC SHAPES

fill a page with basic shapes



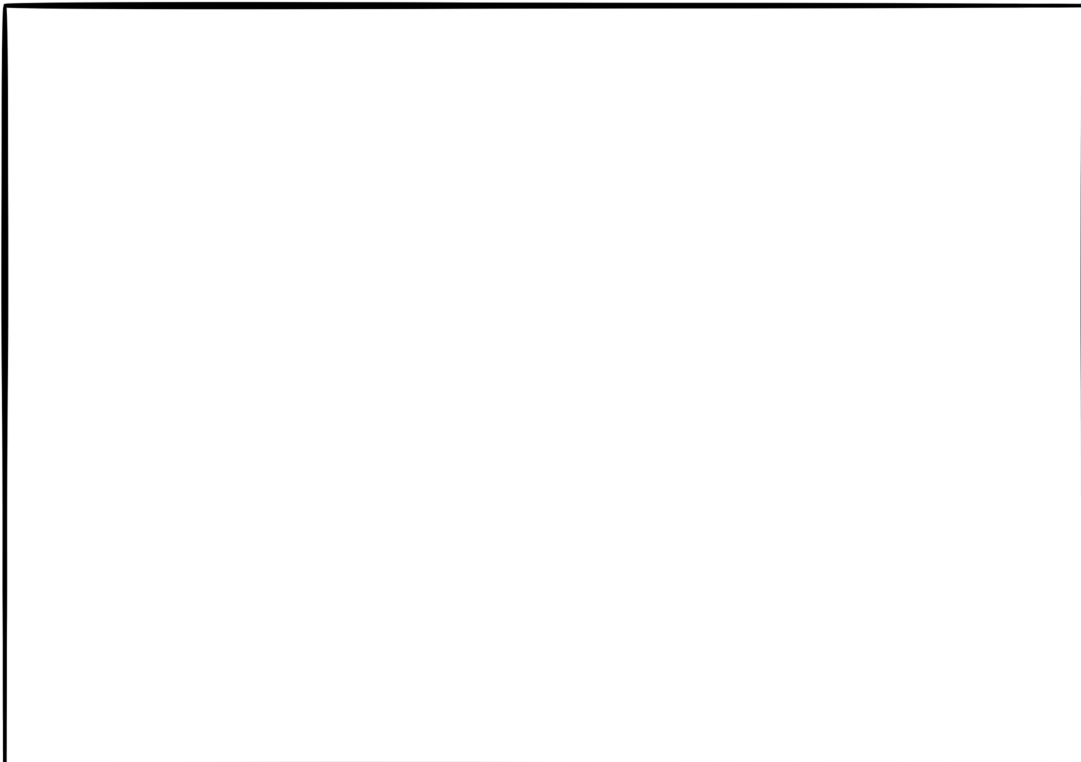
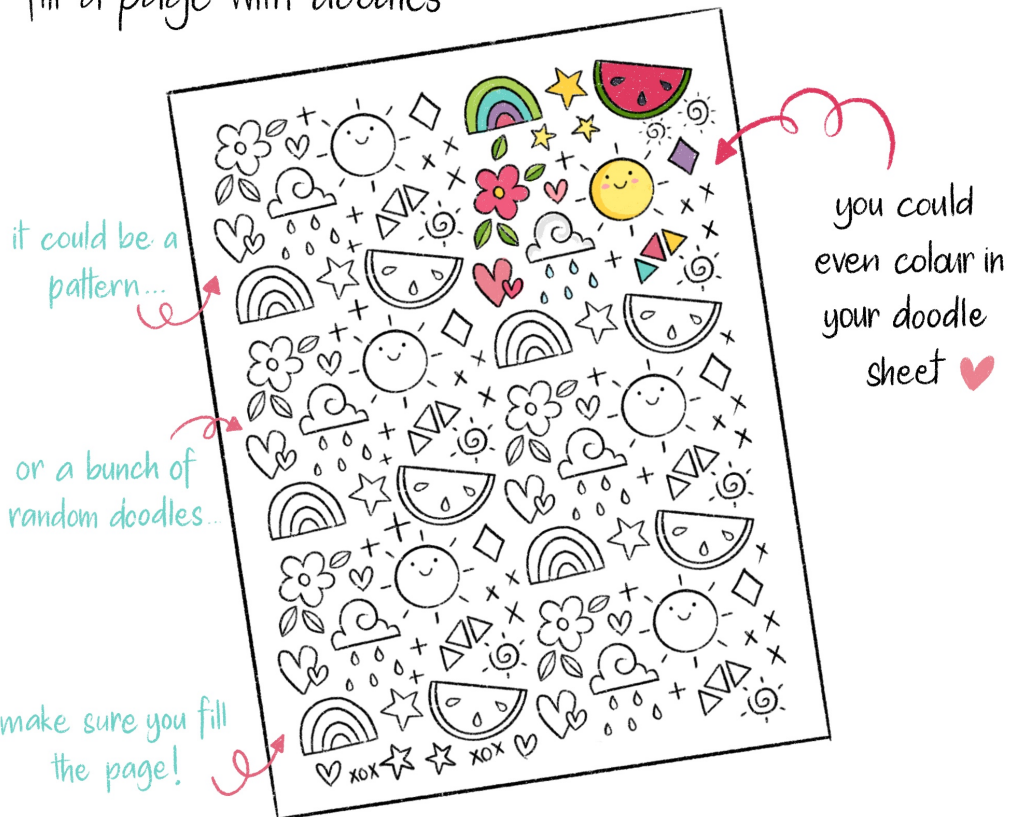
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PRACTICE THE BASIC SHAPES

fill a page with doodles



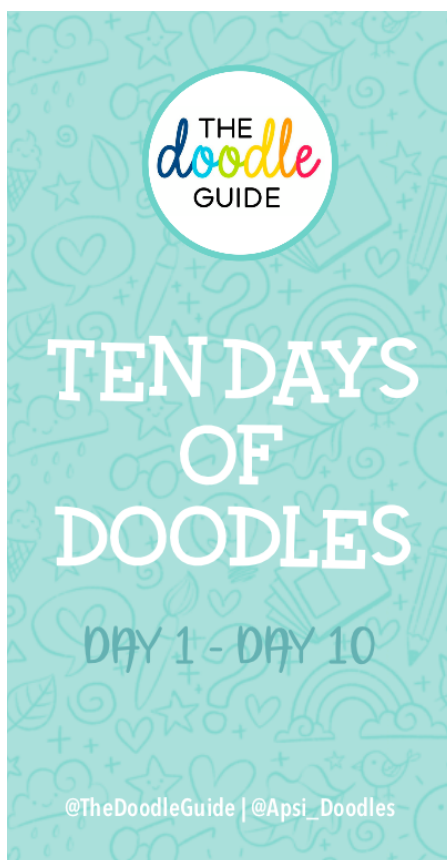
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Please write to :

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You can find a more comprehensive guide to each of the 10 days, in my shop.



www.TheHungryJPEG.com/Apsi

Keep a lookout for the 10 day bundle in my shop.